### HMO Plans by County

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<th>HMO Plans by County</th>
<th>Atlantic</th>
<th>Bergen</th>
<th>Burlington</th>
<th>Camden</th>
<th>Cape May</th>
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<td>Aetna Better Health® of New Jersey</td>
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### Aetna Better Health® of New Jersey

**Aetna Better Health of New Jersey** is part of NJ FamilyCare. Aetna has provided services to members for more than 30 years. We serve over 3 million members in 17 states.

**Integrated care management**
We help our members take charge of their health by getting the health care services they need.

**We make it easy for you**
- Unlimited visits to Primary Care Providers
- Routine wellness visits
- 24-hour nurse help line
- Choose your own doctors from 9,000 providers
- Get help in any language you need
- User-friendly website

**Health education programs**
We offer programs on asthma, COPD, diabetes and heart disease. Your care manager will help you learn about these diseases and how to stay well.

**New Mommy program**
Pregnant women and new moms learn how to take care of themselves and their new babies. We want to help you have a healthy pregnancy and a healthy baby.

**Managed Long Term Services and Supports program**
Our aging and disabled members get health services right in their own home, assisted-living facility or other setting. Whether you live in a nursing home, community or home setting, our long term care benefits work to keep you independent and active.

### Amerigroup New Jersey, Inc.

**24-Hour Nurse HelpLine:**
Get medical advice and information from a nurse 24 hours a day, 7 days a week.

**Eye and Dental Benefits:**
Get routine preventive care, coverage for lenses and frames and more.

**Provider Care Services:**
Choose a primary care provider who will coordinate your health care, and change doctors when you need to.

**Taking Care of Baby and Me:**
Get important information in our prenatal and baby care programs, and receive gift cards for completing your prenatal and postpartum visits.

**Diabetes Care:**
Receive gift cards for completing recommended diabetes services, such as an annual eye exam, Hemoglobin A1c testing, and an A1c test score <8.

**Prescription & Over-the-Counter drugs:**
Get coverage for medicines and OTC drugs with a prescription from their provider.

**Special Needs Care Management:**
All members with special needs have a Care Manager (Registered Nurse) to assist them with an individualized plan of care, scheduling of appointments, and arranging transportation to appointments when needed.

**Health events:**
Join us at community events and workshops about asthma, diabetes, nutrition, stress, and more.
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<tr>
<th>Horizon NJ Health</th>
<th>1-800-682-9090 • TTY/TDD 711</th>
<th><a href="http://www.horizonnjhealth.com">www.horizonnjhealth.com</a></th>
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**Keeping You and Your Family Healthy:**
Horizon NJ Health is the only NJ FamilyCare plan backed by Horizon Blue Cross Blue Shield of New Jersey. We have the benefits and program you can count on, from a name you trust:

- **One of the Largest Provider Networks** in New Jersey, with more than **20,000 doctors** for you to choose from.
- **No referrals** needed to visit your dentist, Ob/Gyn, schedule a mammogram or have routine eye care.
- Coverage for your vision needs including contact lenses and glasses.
- **Prescription drug coverage** for those provided by your doctor, as well as some over-the-counter medicines.
- **Mom’s GEMS (Getting Early Maternity Services) Program for Pregnant Members:** A program to help you through pregnancy, delivery and your baby’s first 60 days.
- For members with chronic illnesses, we have **Care Managers** available to help coordinate your treatment for illnesses like diabetes and asthma.
- **A Nurse Helpline** to answer your medical questions and a **Members Services Helpline** to answer your questions about your plan, both available to you **24 hours a day, seven days a week**.
- **Individual Care for Members with Special Needs:** Horizon NJ Health has Care Managers that will assist with coordinating care and other services.

Nothing is more important than your family’s good health. Let Horizon NJ Health give your family the quality health coverage they deserve.

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<tr>
<th>UnitedHealthcare Community Plan</th>
<th>1-800-941-4647 • TTY/TDD 711</th>
<th><a href="http://www.uhccommunityplan.com">www.uhccommunityplan.com</a></th>
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**We Make Healthcare Simpler:** At UnitedHealthcare Community Plan, we help people live healthier lives. We have worked hard to deliver on that mission in New Jersey since 1989. UnitedHealthcare Community Plan’s network of community-based doctors and dentists, hospitals and neighborhood pharmacies provides quality care, with dignity and respect, to the people of New Jersey.

**No Referral Necessary for:**
- Routine well-women care and prenatal care from participating OB/GYNs
- Participating dentists (in most cases)
- Routine eye exams from participating providers
- Mental health or substance use professionals

**The Benefits You Need Plus the Extras You Want:**
- Primary Care Doctor for each member
- Dental cleanings, check-ups and dental work
- Eye exams and glasses or contact lenses
- Member Services Helpline staff available **24 hrs. a day, 7 days a week**

**Special Needs Members:** UnitedHealthcare Community Plan offers a comprehensive list of Care Management programs for members with special needs. A specially-designed team of Health Educators and Care Managers concentrate on early identification, prevention, education, advocacy, community and social services for members with the following conditions: asthma, diabetes, congestive heart failure (CHF), high risk pregnancy and lead toxicity.

**Extra support during pregnancy:** Healthy First Steps is a special program for pregnant members and new moms and their babies. Our Healthy First Steps staff of nurses, social workers and health educators works with you and your doctor to make your pregnancy healthier and easier.

**Community Involvement:** UnitedHealthcare Community Plan provides targeted education on important health concerns. Every day, our team of certified health educators works in communities throughout New Jersey to meet with groups and provide valuable information to help improve the health of people in all the different populations we serve.

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<tr>
<th>WellCare Health Plans of New Jersey</th>
<th>1-888-453-2534 • TTY/TDD 1-877-247-6272</th>
<th><a href="http://www.wellcare.com/newjersey">www.wellcare.com/newjersey</a></th>
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**Putting you first:** At WellCare, we put you and your family first. This means you get the care and services you need to stay healthy and live happy.

**24-Hour Nurse Advice Line:** All members can call to receive medical advice from registered nurses 24 hours a day, 7 days a week, every day of the year.

**Health and wellness website** that gives tips to help you and your loved ones stay healthy.

**Prenatal Rewards Program:** This program helps our moms-to-be focus on staying healthy and going to all their doctor visits during their pregnancy. Members who complete the program can earn a free gift.

**Physician (Provider) Services:**
- **PCP:** A provider is assigned to each member to provide their care or arrange for them to see a specialist.
- **Prescriptions:** Coverage for medicine provided by your providers.

**Customer Care:**
- Personal help arranging doctor appointments, social services, and more.
- All materials are available in English, Spanish, and other languages upon request.
- Translation services available to members who are hearing-impaired, or who speak a language other than English.

**Community Resources:** Free referrals and guides to free community programs.

**Care Management:** We offer targeted care management programs to children and adults. Some programs include:
- **Asthma**
- **Diabetes**
- **HIV/AIDS**
- **High Risk Pregnancy**

Care managers are trained to help members, their family and their PCP’s arrange services (including referrals to special care facilities for highly-specialized care) that may be needed to manage illnesses.

Choosing a health care plan is a big decision. And we want you to have the facts you need to make the choice that’s right for you.

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**Available in ALL counties**